



Adventurous Journey Support

Ensuring Adventurous Journeys are adequately prepared and supported.

PLANNING AN ADVENTUROUS JOURNEY

- familiarise yourself with the area - maps, guides etc
- meet often with your team and make sure you have a minimum of 4 people in your group
- get your gear well ahead of the trip and make sure you know how to use it, eg stoves, tent pitching
- make sure you have in place, risk management systems
- meet your medical needs
- get fit for the trip
- ensure you have adequate and nutritional food
- prepare for the unexpected
- keep a diary, log, journal
- make sure you take care of the environment

SOME SUPPORT IN OPPORTUNITIES IN MEETING AWARD REQUIREMENTS

- **Ray Connor** – is our independent Expedition officer
 - raycon@vic.australia.com.au or 0419 599 039
 - Ray facilitates expeditions for Bronze, Silver and Gold participants at Wilsons Promontory and the Walhalla area during school holiday periods
- **The State Award Office** – call the staff for other contacts and other opportunities that arise from time to time
- **Kinglake Ranges Wilderness Camp** – contact Colin French to check opportunities
 - office@krwc.com.au
- **Victorian Tramping Club**
 - Peter Conroy - support@claredaledistributors.com.au or 0425 721 479
 - Club has bushwalks most weekends and can assist Award participants
- **Bushwalking Victoria** website for other Bushwalking Clubs
 - www.bushwalkingvictoria.org.au
- **Destination Dreaming** conducts expeditions to Fiji and Far North Queensland
 - Clint Miller – info@fijidreaming.com M: 0402 867 202 BH: 9030 0116
- **Outward Bound** conducts expedition programs suited to Award requirements
 - Sean Powell – www.outwardbound.org.au
- **Trek Climb Ski** conducts climbing and skiing expeditions in Nepal and Aspen, Colorado



For all Adventurous Journeys

In planning and preparation, all groups must follow guidelines and standards as provided by the

**Department of Education and Early Childhood Development
(DEECD)**

**[www.education.vic.gov.au/management/
schooloperations/edoutdoors](http://www.education.vic.gov.au/management/schooloperations/edoutdoors)**

and follow advice from
the CFA

<http://www.cfa.vic.gov.au/>

and

The Department of Sustainability
www.dse.vic.gov.au

and should the need arise -
Victorian Bushfire Information Line
1800 240 667 or vbil.info@dse.vic.gov.au

Ensure Safe Practice

- Communication equipment and procedures are in place, functional and reliable.
- Risk Management procedures are in place and appropriate authorities notified.
- All parties are familiar with Emergency procedures - using phone, Personal Location Beacon (PLB), EPIRBs, Radios etc

AN ADVENTUROUS JOURNEY ASSESSOR

It is crucial that ALL participants undertaking an Adventurous Journey be adequately trained, having access to experienced instructors, supporters and assessors.

The Assessor needs to ensure that the group -

- is adequately prepared and experienced to undertake the proposed trip.
 - carries out a trip that meets the requirements and conditions of the Award.
 - writes a log report that is a genuine record of all aspects of the test expedition.
- There should be little or know input or interruption from the assessor unless safety or a first aid emergency requires them to do so.
 - The assessor has the authority to modify the route or activity due to an emergency(first aid or other) or the groups capabilities.
 - Assessors have the discretion to recommend cancelling or rescheduling of trips if they consider that an adequate degree of proficiency in preliminary training has not been reached or if they believe that weather or nature conditions may warrant cancellation or rescheduling plans.

Prior to an Expedition an Assessor should -

- Ensure that appropriate training and the required practice trips have been completed
- All details entered into the record books, hardcopy or online
- Check the plans for the Test trip to ensure that they are suited to the ability and experience of the group – making essential changes if necessary.
- Check that the group's plans, arrangements and equipment are appropriate for the Test Expedition – make appropriate changes.

During an Expedition an Assessor -

- Arrange for appropriate monitoring and observation of the group and its progress
- Assess - Navigation - Camp craft - Menu planning and preparation - MinimalImpact techniques - Group skills and leadership.

After the Expedition -

Conduct a debriefing session after the expedition - Achievement of their purpose and goals
- Learning about themselves and others in a group – commitment, determination, patience, responsibility - How they went as a group - Any other issues or incidents.



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