



# The Bridge Award: Overview

A PROGRAM FOR YOUNG PEOPLE WITH A DISABILITY AGED 14-25 YEARS

	LEVEL 1	LEVEL 2
<b>Skill</b>	Regularly pursue an interest or hobby	Regularly pursue an interest or hobby
	Minimum 8 hours	Minimum 12 hours
<b>Adventurous Journey</b>	Prepare and take part in a journey through a new area	Prepare and take part in a journey through a new area
	Minimum 2 x Day Trips	Minimum 1 x Overnight Journey
<b>Physical Recreation</b>	Learn and participate in a physical activity	Learn and participate in a physical activity
	Minimum 8 hours	Minimum 12 hours
<b>Service</b>	Participate in an activity that directly benefits the a section of the Community - this could be your School or Organisation	Participate in an activity that directly benefits the a section of the Community - this could be your School or Organisation
	Minimum 8 hours	Minimum 12 hours

**PLEASE NOTE:** The Bridge Award enables young people to learn about persistence and commitment. To assist this, we encourage participants to show an ongoing commitment to each section through regular involvement over a number of weeks.