



The Compass Award: Overview

A PROGRAM OF DISCOVERY FOR AGES 10-14 YEARS

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Hobbies / Skills	<ul style="list-style-type: none"> Choose a hobby or several hobbies. Find out all about them and have a go! 	<ul style="list-style-type: none"> Take some time to really get involved in ONE hobby. Learn some of the skills and have a go! 	<ul style="list-style-type: none"> Spend some time discovering a new hobby. OR Develop existing interests and skills. 	<ul style="list-style-type: none"> Take on a new hobby and learn some skills. OR Develop existing interests.
	Minimum 3 hours	Minimum 4 hours	Minimum 10 hours	Minimum 20 hours
Exploration	<ul style="list-style-type: none"> Visit a location which is new to you. Work out how to get there and what to take. Be escorted by an adult. 	<ul style="list-style-type: none"> Plan and make an escorted trip, bush walk or bike ride. OR Go on a city excursion to a place which interests you. 	<ul style="list-style-type: none"> Plan and take part in an escorted bush walk, bike ride or city excursion. Get some training on safety, navigation and gear. 	<ul style="list-style-type: none"> Plan and take part in an escorted overnight expedition. Receive training on map reading, cooking, equipment and first aid.
	Minimum 3 hours	Minimum 4 hours	Minimum 8 hours	2 days/ 1 night
Physical Activity	<ul style="list-style-type: none"> Play a sport– try something new to learn some different skills. 	<ul style="list-style-type: none"> Play a sport, Become a team member OR Try a new form of physical recreation. 	<ul style="list-style-type: none"> Choose a sport and aim to improve your skills and knowledge. 	<ul style="list-style-type: none"> Choose a sport and become more proficient and skilled.
	Minimum 3 hours	Minimum 6 hours	Minimum 10 hours	Minimum 15 hours
Volunteering / Service	<ul style="list-style-type: none"> Get to meet a group in your school or community. OR Help your school in a special project e.g fundraising or SRC. 	<ul style="list-style-type: none"> Spend some time with a group and learn more about their activities. OR Be a 'buddy' and help a young student at school. 	<ul style="list-style-type: none"> Go out of your way to help your school or a group within your community. 	<ul style="list-style-type: none"> Reliably and conscientiously help a group in your school or Community
	Minimum 3 hours	Minimum 5 hours	Minimum 10 hours	Minimum 15 hours

PLEASE NOTE: The Compass Award enables young people to learn about persistence and commitment. To assist this, we encourage participants to show an ongoing commitment to each section through regular involvement over a number of weeks.

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