

The Duke of Edinburgh's Award: Award Levels and Requirements

	Service To develop and encourage a sense of community spirit and responsibility to others	Skill To encourage the development of personal interests and practical skills	Physical Recreation To encourage participation in physical recreation and improvement in physical fitness and performance	Adventurous Journey To encourage a spirit of adventure and discovery	Residential Project To broaden experience through involvement with others in a residential setting
Bronze 14yrs +	3 months	3 months	3 months	2 days, 1 night (Following training and practice journey.)	
Averaging at least 1 hour per week. Plus an additional 3 months for one of service, skill or physical recreation.					
Silver 15yrs +	6 months	6 months	6 months	3 days, 2 nights (Following training and practice journey/s)	
Averaging at least 1 hour per week. Direct entrants are required to complete an additional 6 months for one of service, skill or physical recreation.					
Gold 16yrs +	12 months	12 months	12 months	4 days, 3 nights (Following training and practice journey/s)	5 days, 4 nights
Averaging at least 1 hour per week. Direct entrants are required to complete an additional 6 months for one of service, skill or physical recreation.					

Here are some activity examples...



- Aged care
- Bush regeneration
- Care for abandoned or unwell animals
- Child care
- Coaching sports teams
- Conservation project
- Disability awareness
- Emergency services volunteer
- First aid
- Fundraising
- Helping people with special needs
- Hospital volunteer
- Library assistance
- Peer support
- Sunday school teaching
- Surf life saving
- Tree planting
- Umpiring/refereeing
- Water biodiversity
- Youth leader

Service

Arts

- Art and architecture appreciation
- Choreography
- Drama
- Drawing/painting
- Photography

Communications

- Computing (IT)
- Film/magazine production
- Languages
- Public speaking
- Reading/writing

Crafts

- Cooking
- Furniture making
- Knitting
- Metal/plastic work
- pottery

Music

- Music appreciation
- Playing an instrument
- Singing

Skill

Individual Activities

- Aerobics
- Athletics
- Canoeing
- Cycling
- Gymnastics
- Martial Arts
- Orienteering
- Physical fitness program
- Skiing
- Swimming
- Surfing
- Walking
- Skateboarding
- Yoga

Group Activities

- Basketball
- Dancing
- Football
- Hockey
- Lacrosse
- Netball
- Soccer
- Tennis
- Ten pin bowling

Physical Recreation

Expedition

- Bushwalking
- Canoeing
- Cross country skiing
- Cycling
- Horse riding
- Rafting
- Rowing
- Sailing

Exploration

- Cultural trips (language studies)
- Historical trip
- Marine study
- Orienteering
- Rock-climbing
- Scientific exploration
- Survey of national/wildlife park

Adventurous Journey

- Bronze surf life saving camp
- Career orientation seminar
- Cultural experiences-overseas
- Cultural experiences - remote aboriginal community
- Environmental projects
- Great Victorian Bike Ride
- Lord Somers and Lady Somers Camp
- Murray River Marathon
- OzQuest expeditions
- Porstea Children's Camp
- Rotary Youth Leadership Award
- Rural placement
- Senior Leader Course
- Sports camp
- The Duke of Edinburgh's Award Youth Forum
- YMCA Youth Parliament

*Gold Level only

Residential Project *